

Figure. Example of a Patient Self-report Survey for the Assessment of Fibromyalgia Based on Criteria in the 2011 Modification of the ACR Preliminary Diagnostic Criteria for Fibromyalgia<sup>7</sup>

### Widespread Pain Index (1 point per check box; score range: 0-19 points)

① Please indicate if you have had pain or tenderness during the past 7 days in the areas shown below.  
Check the boxes in the diagram for each area in which you have had pain or tenderness.

### Symptom Severity (score range: 0-12 points)

② For each symptom listed below, use the following scale to indicate the severity of the symptom during the past 7 days.

- No problem
- Slight or mild problem: generally mild or intermittent
- Moderate problem: considerable problems; often present and/or at a moderate level
- Severe problem: continuous, life-disturbing problems

	No problem	Slight or mild problem	Moderate problem	Severe problem
<b>Points</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
A. Fatigue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B. Trouble thinking or remembering	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
C. Waking up tired (unrefreshed)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

③ During the past 6 months have you had any of the following symptoms?

	0	1
A. Pain or cramps in lower abdomen	<input type="checkbox"/> No	<input type="checkbox"/> Yes
B. Depression	<input type="checkbox"/> No	<input type="checkbox"/> Yes
C. Headache	<input type="checkbox"/> No	<input type="checkbox"/> Yes

### Additional criteria (no score)

④ Have the symptoms in questions 2 and 3 and widespread pain been present at a similar level for at least 3 months?

No       Yes

⑤ Do you have a disorder that would otherwise explain the pain?

No       Yes

ACR indicates American College of Rheumatology. Scoring information is shown in blue. The possible score ranges from 0 to 31 points; a score  $\geq 13$  points is consistent with a diagnosis of fibromyalgia. Additional scoring information and a

printer-ready version of this survey that patients can complete are available online (eFigure 1 and eFigure 2 in the Supplement).