

# Massachusetts ME/CFS & FM

ASSOCIATION

EDUCATION, SUPPORT & ADVOCACY SINCE 1985

For more information about ME/CFS:

## Government reports and publications

- CDC ME/CFS website <http://www.cdc.gov/me-cfs> and <https://www.cdc.gov/me-cfs/me-cfs-children> (Fact Sheets for school nurses, students, and families)
- CDC Public Health Grand Rounds: *Chronic Fatigue Syndrome: Advancing Research and Clinical Education*, February 2016 <https://www.cdc.gov/grand-rounds/pp/2016/20160216-chronic-fatigue.html>
- CDC Public Health Blog: *America's Hidden Health Crisis: Hope for Those Who Suffer from ME/CFS*, May 2017 <https://blogs.cdc.gov/publichealthmatters/2017/05/me-cfs/>
- NIH Pathways to Prevention Workshop: *Advancing the Research on Myalgic Encephalomyelitis/Chronic Fatigue Syndrome*, December 2014 <https://prevention.nih.gov/docs/programs/mecfs/ODP-P2P-MECFS-FinalReport.pdf>
- NIH Director's Blog, *Moving Toward Answers in ME/CFS*, March 2017 <https://directorsblog.nih.gov/2017/03/21/moving-toward-answers-in-mecfs/>
- FDA - *The Voice of the Patient, Chronic Fatigue Syndrome and Myalgic Encephalomyelitis*, 2013. <https://www.fda.gov/downloads/ForIndustry/UserFees/PrescriptionDrugUserFee/UCM368806.pdf>

## Institute of Medicine (now National Academy of Medicine)

- *Beyond Myalgic Encephalomyelitis/Chronic Fatigue Syndrome: Redefining an Illness*, February 2015 <http://www.nationalacademies.org/hmd/Reports/2015/ME-CFS.aspx>

## For Clinical Practitioners

- *ME/CFS: A Primer for Clinical Practitioners*, Friedberg, et al. International Association for Chronic Fatigue Syndrome/Myalgic Encephalomyelitis IACFS/ME, 2014 [https://www.masscfids.org/images/pdf/Primer\\_2014.pdf](https://www.masscfids.org/images/pdf/Primer_2014.pdf)
- *Myalgic Encephalomyelitis/Chronic Fatigue Syndrome Diagnosis and Management in Young People: A Primer*, P.C. Rowe et al., *Front. Pediatr.*, 19 June 2017 <http://journal.frontiersin.org/article/10.3389/fped.2017.00121/full>
- *ME/CFS Clinician's Guide* (Institute of Medicine, 2015) <http://www.nationalacademies.org/hmd/~media/Files/Report%20Files/2015/ME/CFS/ME/CFScli niciansguide.pdf>

## General Articles

- *A reboot for chronic fatigue syndrome research*, *Nature*, January 2018 <https://www.nature.com/articles/d41586-017-08965-0>
- *Myalgic Encephalomyelitis: Unknown cause. No cure. New hope*. American Society for Biochemistry and Molecular Biology, March 2018 <http://www.asbmb.org/asbmbtoday/201803/Feature/ME/>