

List of Readings and Resources for MGH Institute of Health Professions
“Invisible Disability: Providing Compassionate Care for a Person with ME/CFS”
January 15, 2019

Required reading

- An overview of the history and treatment of ME/CFS from a patient and filmmaker (*estimated viewing time 17 minutes*)
 - Brea, J. (2016) [What happens when you have a disease doctors can't diagnose](#). TED Talk
- A first-person account of getting diagnosed with ME/CFS and its impact from the author of *Seabiscuit* (*estimated reading time 35 minutes*)
 - Hillenbrand, L. (2003, July 7). [A Sudden Illness](#). *The New Yorker*
- Recent update on research and treatment for ME/CFS (*estimated reading time 15 minutes*)
 - Maxmen, A. (2018) [A reboot for chronic fatigue syndrome research](#). *Nature*, 553(7686): 14-17

Additional resources

Diagnostic and treatment recommendations for ME/CFS

- Centers for Disease Control. [Clinical Care of Patients with ME/CFS](#). July 12, 2018
- Institute of Medicine. (2015). [Background](#). In *Beyond Myalgic Encephalomyelitis/Chronic Fatigue Syndrome: Redefining an Illness* (pp. 27-36). Washington, D.C. The National Academies Press.
- Rehmeyer, J. (2015, Feb. 25) [A Disease Doctors Refuse to See](#). *The New York Times*, A23.

Advocacy organizations

- [Massachusetts ME/CFS & FM Association](#)
- [#MEAction](#)

Documentary

- [Unrest](#) (available on Netflix and Amazon)