List of Readings and Resources for MGH Institute of Health Professions

“Invisible Disability: Providing Compassionate Care for a Person with ME/CFS”
January 15, 2019

Required reading

- An overview of the history and treatment of ME/CFS from a patient and filmmaker (estimated viewing time 17 minutes)
  - Brea, J. (2016) What happens when you have a disease doctors can’t diagnose. TED Talk

- A first-person account of getting diagnosed with ME/CFS and its impact from the author of Seabiscuit (estimated reading time 35 minutes)

- Recent update on research and treatment for ME/CFS (estimated reading time 15 minutes)

Additional resources

Diagnostic and treatment recommendations for ME/CFS

- Centers for Disease Control. Clinical Care of Patients with ME/CFS. July 12, 2018

Advocacy organizations

- Massachusetts ME/CFS & FM Association
- #MEAction

Documentary

- Unrest (available on Netflix and Amazon)