Resources for Parents


How a parent can assist their teenager with developmental, school, and social issues that are complicated by the illness


How one child with ME/CFS overcame her depression with the help of her parent, a counselor, and a love of animals.

https://www.massmecfs.org/information-for-parents

Tips for parents – Believe in your child. Advocate for your child, especially with their school. Have hope.

https://www.massmecfs.org/information-for-parents?start=1

Personal stories of adolescent ME/CFS – from a parents’ perspectives

https://www.massmecfs.org/information-for-parents?start=2

Several articles for parents

https://www.massmecfs.org/pediatric?start=3

What about school?

https://www.massmecfs.org/educational-rights

Educational Rights